

CHECK IN CHAT

NAME:
ROLE:
DATE:
REVIEW PERIOD:

ANNUAL GOALS:

- 1:
- 2:
- 3:

C
CONNECTION

How are you today?

H
HEALTH:

How are you feeling this week?

A
ACCOUNTABILITY

How are your goals going?

T
THRIVE:

What can I do to help you achieve your goals?

EMPLOYEE COMMENT:

MANAGER COMMENT: